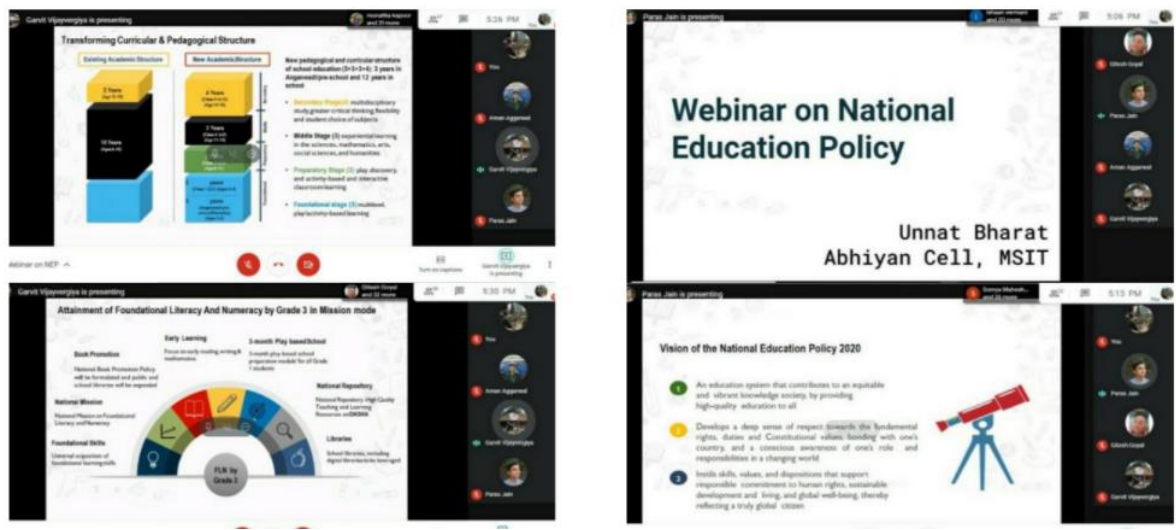


Webinar “National Education Policy 2020” organized by UBA MSIT



Unnat Bharat Abhiyan Awareness camp



● NANGLI JALIB VILLAGE AND NANGLA RAYA- Janakpuri



● TIHAR VILLAGE & ASALATPUR VILLAGE- Janakpuri New Delhi



Nukkad Natak

TEDxMSIT on 21st October, 2016





TEDxMSIT 2017



TEDxMSIT 2019



TEDxMSIT
x = independently organized TED event

Light Beyond The Bulb

4th March, 2019

3:00 P.M. to 9:00 P.M.
C.D. Deshmukh Auditorium
8 Speakers
100 Attendees
tedx.msit.in

SPONSORS

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Speakers



NSS MSIT

The National Service Scheme Cell of
Maharaja Surajmal Institute of Technology

NATIONAL NUTRITION WEEK

From September 1-7, 2020





WEBINAR ON PUBLIC SPEAKING & PRESENTATION

With Nikhil Juneja and
Aditya Gupta
on September 8, 2020



Nikhil Juneja

Executive Coach, Leadership Facilitator.
Strong Credentials from Dale Carnegie,
ICF, and OSI, USA.

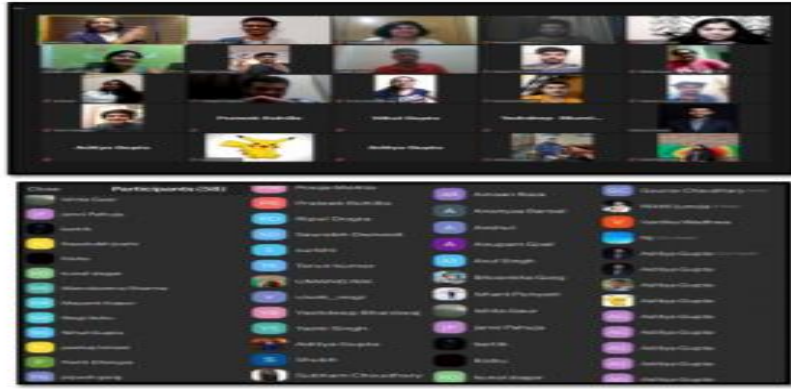


Aditya Gupta

Communication Coach, Keynote Speaker.
Co-Founder - Here and Now
Personal Growth Enthusiast.

Introduction Format

1. Name
2. My uniqueness
3. Even if

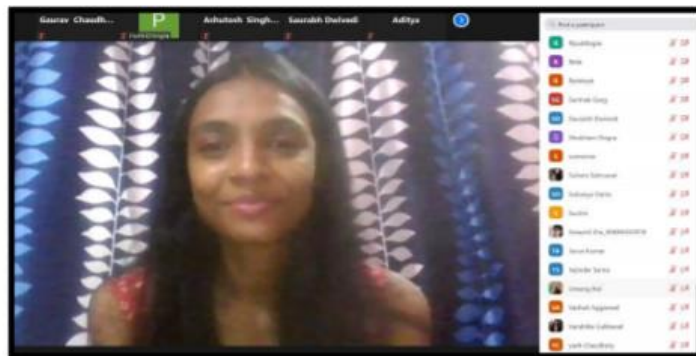


WEBINAR ON SEX EDUCATION AND HEALTH

with Ms Pallavi Barnwal
on September 13, 2020

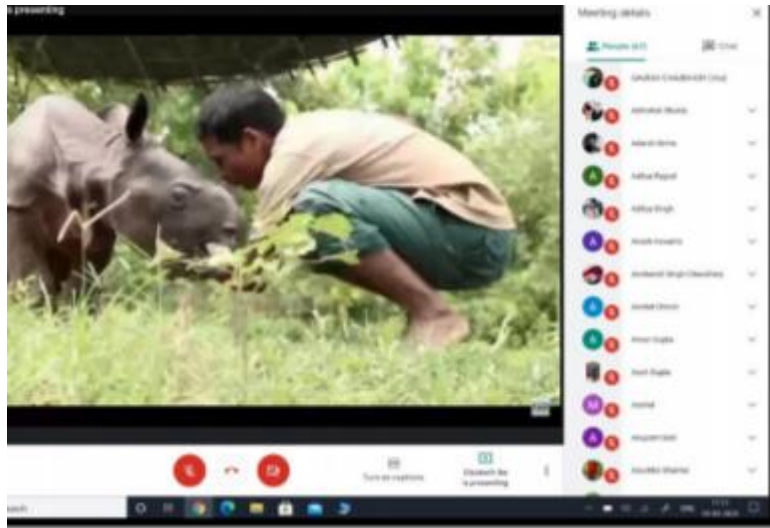


Ms Pallavi Barnwal
Sex Educator | TEDx Speaker | Intimacy Coach at GOQii |
Founder RedWomb



HOPPING SPARROWS FILM FESTIVAL

On September 19, 2020



PCOS AWARENESS MONTH

October 26- October 1, 2020



PCOS Awareness Month

September is PCOS (Polycystic Ovary Syndrome) Awareness Month. A hormonal disorder causing enlarged ovaries with small cysts on the outer edges. The cause of polycystic ovary syndrome isn't well understood but may involve a combination of genetic and environmental factors.

PCOD vs PCOS

PCOS (Polycystic Ovary Syndrome) is a metabolic disorder and has serious complications. The cause of PCOS is unknown, but it involves a combination of genetic and environmental factors. On the other hand, PCOD (Polycystic Ovary Disease) is a condition developed by the imbalance of hormones. With lifestyle changes like frequent exercise and diet changes, PCOD improves.

DEBUNKING PERIOD MYTHS

Myth: Menstruating people cannot enter temples and kitchens because they're impure.

Fact: Menstruation is a natural thing and people who menstruate are not impure. There's nothing dirty about people who menstruate.

PMS

Premenstrual Syndrome or PMS is a combination of emotional, physical and psychological disturbances experienced by many people between ovulation and the onset of menstruation.

Symptoms may include:

- pain in the abdomen, breasts, back, joints, muscles or pelvis
- fatigue • anxiety • bloating • acne
- appetite changes • constipation • headaches
- irritability • emotional outbursts • stress

ACCESSIBILITY & ALTERNATIVES

The most common sanitary products – Pads and Tampons take over 500 years to dispose. These options are both expensive and unsustainable.

Consider these sustainable options:

The 'Period Leaves'

Biological differences are real and it is high time to break the myths and normalise the conversation around menstruation. The flawed assumption of more working hours equals better contributions has already been

Rally for a Crackers free Diwali



BLOOD DONATION CAMP 2019



Fruit Donation Drive

