DESIGN YOUR DESTINY WITH THE POWER OF YOUR THOUGHTS

Event details:

Date: 09 January 2023 Time: 10am – 12noon

Venue: 406 Seminar hall, MSIT

Department of IT, Organised an event "DESIGN YOUR DESTINY WITH THE POWER OF YOUR THOUGHTS", a speaker event in which the speaker shared her journey and life experiences and spirituality. The motive of this is to enlighten the young minds with spirituality. BK SONIKA has been practising Spirituality and Rajyoga for more than 11 years After completing her B.Tech in Electronics and Telecom she has worked as a network engineer for the ministry of IT, Govt. of India, United Nations (Italy) and HCL Technologies for around 10 years. She is dedicatedly serving at Brahma Kumari's Rajyoga Meditation Centre at Victory Valley, Gurgaon and is a faculty of the Om Shanti Retreat Centre.

The Department of Information Technology at welcome the speaker, and students asked insightful questions. The speaker spoke about the power of visualisation, her spiritual journey, her early life, and her life as a Brahma Kumari. Furthermore, the speaker provided us with life lessons and advice on how to achieve our objectives. The significance of spirituality was emphasised. As a token of appreciation, a plant was presented to the speaker near the end of the session.

Organized By Ms. Priya Dalal Ms. Priyanka HoD, IT Dr. Tripti Sharma



