

## Report

**An FDP on “DEVELOPING HEALTHY WORK CULTURE AT WORK PLACE”,  
organized by the NITTR Chandigarh and Department of Electronics & Communications  
Engineering, MSIT (as a remote center)**

**06-10 Dec 2024**

The report outlines the details of a Faculty Development Program (FDP) on “DEVELOPING HEALTHY WORK CULTURE AT WORK PLACE” organized by the Department of Electronics & Communications Engineering, MSIT (Maharaja Surajmal Institute of Technology) from Dec 06 to 10, 2024. The FDP was facilitated by the National Institute of Technical Teachers Training and Research (NITTR) Chandigarh, with MSIT serving as one of the remote centers. Here's a breakdown of the key points covered in the report.



**Organizing Institutions:** NITTR Chandigarh organized the FDP. MSIT served as one of the remote centers for the program.

**Participants:** 65 faculty members from MSIT registered for the FDP. **Duration:** The FDP took place over a period of five days, from Dec 06 to Dec 10, 2024.

**Inaugural Session:** The FDP commenced with an inaugural session on Monday, Dec 6, 2024. Dr. S K Gupta give introduction of the course, highlighting its scope, objectives, and relevance.

**Sessions and Topics Covered:** The FDP included various sessions covering topics including Healthy work culture overview, Quality assurance in Technical Institutions. Effective leadership, stress management, conflict management, Interpersonal relations, communication skills, work life balance, team building, time management , mental health & emotional well being and academic planning for

healthy work culture.

Various eminent speakers including Dr. S K Gupta, Sanjeev Chadha, Manjulla, Deepti Gupta delivered the expert talks.

Final day: The last day of the FDP was concluded with comprehensive quiz and feedback sessions.

Feedback: The FDP was described as useful and interactive. Participants provided positive and warm feedback on the course.

Overall, the FDP on “DEVELOPING HEALTHY WORK CULTURE AT WORK PLACE” was well-received by the participants, with a range of relevant topics covered and interactive sessions conducted throughout the duration of the program.

Dr. Sudesh Pahal  
Convenor, FDP

Dr. Deepti Deswal  
Co-convenor, FDP

Prof. (Dr.) Neeru Rathee  
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