Maharaja Surajmal Institute of Technology Electronics and Communication Engineering

Report on Half-Day Seminar on "Role of AI in Health Care" by Dr. Jyoti Yadav

Date: 16th April 2025 Time: 11:00 AM - 12:00 PM Venue: MSIT Campus Speaker: Dr. Jyoti Yadav, Assistant Professor, NSUT

Introduction:

On 16th April 2025, the Department of Electronics and Communication Engineering, MSIT, organized a half-day seminar on the *"Role of AI in Health Care"*, conducted by Dr. Jyoti Yadav, an esteemed Assistant Professor from NSUT. The seminar aimed to offer insights into the use of Artificial Intelligence (AI) in healthcare, focusing on data processing and post-processing techniques for emotion-based datasets, a key area where AI can be applied for healthcare advancements.



Dr. Yadav, with her deep expertise in AI and healthcare, guided the audience through various aspects of the field, providing in-depth knowledge of the major datasets related to emotion recognition, the intricacies of processing these datasets, and the post-processing steps involved.

Seminar Overview:

Dr. Jyoti Yadav began the seminar by emphasizing the growing importance of AI in revolutionizing the healthcare industry. AI's potential in diagnostics, personalized treatment plans, and health monitoring is vast. The application of AI techniques, particularly machine learning, can significantly enhance patient care, from improving the accuracy of diagnoses to streamlining patient management systems.

However, one critical element for the success of AI in healthcare is the availability and effective processing of relevant datasets. Dr. Yadav devoted a significant portion of the seminar to explaining how healthcare-related datasets, particularly those involving emotions, can be processed to derive actionable insights for clinical decision-making.

1. Data Processing in AI for Healthcare:

Dr. Yadav explained the significance of proper data preprocessing and how it plays a crucial role in the development of robust AI models for healthcare applications. For AI models to effectively analyze medical data, the data must first be cleaned, structured, and transformed into a format suitable for machine learning algorithms. Dr. Yadav outlined the following steps involved in processing emotion-related healthcare datasets:

• Data Collection:

The first step is acquiring high-quality data, which could include information such as speech patterns, facial expressions, heart rate, and other physiological signals indicative of emotional states. Dr. Yadav stressed the importance of using diverse sources to ensure that the data reflects a broad range of emotional states across different demographics.

• Data Preprocessing:

Once the data is collected, it undergoes preprocessing to remove noise, handle missing values, and standardize the format. Dr. Yadav specifically focused on the importance of handling noisy data, as unclean datasets can skew model outcomes and lead to inaccurate predictions. Common preprocessing steps include data normalization, outlier detection, and feature extraction.

• Feature Engineering:

Dr. Yadav highlighted the importance of feature extraction, which involves selecting the most relevant features for training AI models. In emotion-based datasets, features

like pitch, tone, frequency of speech, and facial expression characteristics are extracted to represent emotional states. The ability to select the right features significantly impacts the performance of machine learning algorithms.

• Data Transformation:

The data transformation process helps convert the raw data into a suitable format for machine learning. For example, text data might be converted into numerical representations using techniques like TF-IDF or word embeddings. Similarly, signals from physiological data such as heart rate or EEG might need to be transformed into feature vectors.

2. Major Datasets in Emotion Recognition:

Dr. Yadav discussed several widely-used emotion datasets in AI research, which are integral to training models capable of recognizing emotions in healthcare settings. These datasets are used to train algorithms that can understand and predict emotional responses, which are crucial in monitoring patient conditions, especially in mental health care. The major emotion-related datasets she mentioned include:



• The EMO-DB (Emotional Database):

This is one of the most widely used emotion recognition datasets in healthcare research. It contains speech data labeled with emotions like happiness, anger, fear, sadness, and neutral states. This dataset helps in training AI models to detect emotional cues from spoken language, which is essential in virtual health assistants and telemedicine platforms.

• Affectiva:

Affectiva is a leading emotion recognition dataset focused on facial expressions and physiological responses. It provides a comprehensive collection of images and videos that help AI models detect emotions based on facial expressions and body language, which can be beneficial for remote mental health assessments.

• The DEAP Dataset:

This dataset contains EEG, EMG, and other physiological signals collected from participants while they watched music videos. The DEAP dataset is particularly useful in emotion research where signals from the body, including brainwave data, are used to analyze emotional states. This type of data can be extremely valuable for AI models designed to detect stress, anxiety, or depression.

Dr. Yadav emphasized that these datasets are essential for training AI models to assess emotional well-being, providing real-time insights into patients' mental health conditions. These datasets also play an important role in therapeutic applications, where AI can offer personalized treatments based on emotional data.

3. Post-Processing of Emotion Data:

After processing the initial raw emotion data, Dr. Yadav described the various post-processing techniques that are used to refine and analyze the data. Post-processing is crucial for improving the quality of data and ensuring that AI models deliver accurate predictions and insights. The following post-processing steps were highlighted:



- **Data Aggregation:** Once the features are extracted, it is essential to aggregate the data into meaningful insights. For instance, aggregating emotional cues from different sources such as facial expressions, speech, and physiological signals allows for a more comprehensive understanding of a patient's emotional state.
- **Dimensionality Reduction:** High-dimensional datasets are common in emotion recognition tasks, especially when working with signals like EEG or facial recognition. Dimensionality reduction techniques such as PCA (Principal Component Analysis) are used to reduce the number of features while preserving the essential information. This not only speeds up the training process but also improves the efficiency of the AI model.

- **Model Validation and Testing:** Dr. Yadav also discussed how AI models are validated using separate training and testing datasets. This helps in evaluating the performance of emotion recognition algorithms. Techniques like cross-validation are employed to ensure that the model generalizes well to unseen data.
- Sentiment Analysis and Interpretation: Finally, Dr. Yadav described how sentiment analysis tools are used to extract actionable insights from processed emotional data. For example, in a healthcare setting, AI models can classify whether a patient is feeling stressed, anxious, or depressed, allowing healthcare providers to respond accordingly.

The seminar on the "*Role of AI in Health Care*" by Dr. Jyoti Yadav provided invaluable knowledge to the attendees about the intersection of AI, emotion recognition, and healthcare. Dr. Yadav's detailed explanations of the data processing, major emotion datasets, and post-processing techniques demonstrated the potential of AI in improving healthcare services, particularly in monitoring mental health and well-being. Her insights into how AI can analyze emotional data to provide personalized healthcare solutions left a lasting impression on the audience. This session was a significant step in enhancing the understanding of AI's transformative role in the healthcare sector.